

THE INTUITIVE PATH RETREAT

With Maria Lacey

11th to 13th October 2019

Award Winning *Country Place*, Kalorama, Victoria, Australia

What can I expect?

This retreat will give you tools, strategies and practices to gain clarity, feel connected to your soul path and simplify your choices. The Intuitive Path Retreat will be a nurturing, creative, and enlightening experience. It's a time to reflect, reconnect to your heart, nourish your soul, and reclaim your clarity and life direction.

Who is Maria Lacey?



Maria teaches women and men to walk an intuitive path so they may create from a healed, loving, fun and empowered state while trusting their innate wisdom to direct them through life with simplicity and clarity.

Building on an extensive corporate career, Maria has been a dedicated professional and entrepreneur working in her passion for the past twenty years. Maria uses her skills and her natural storytelling ability to communicate, mentor, teach and to empower women and men on their personal and spiritual path.

Life has not always been an easy road for Maria experiencing childhood trauma which filtered into her adult life. Those experiences have only fuelled her heart and activated her purpose with more strength and deep connection.

Maria loves her circle of family and friends, the energy, inspiration and tranquillity of nature, meditation, writing and having a good laugh, and don't tell anyone – Netflix on occasion.

Maria's qualifications include: Graduate Diploma in Clinical Hypnotherapy, Diploma in Counselling (Level Two Counsellor with ACA) Certified Practitioner of Hypnoenergetics, Reiki Master Teacher, Accredited Quantum Consciousness Facilitator, ACT Therapist, Author, International Writer, Speaker, Spiritual Mentor, Intuitive Guide, Meditation Teacher, Sound & Energy Healer

For further information go to <https://www.marialacey.com.au/>

PROGRAM

Retreat Day	Morning	Afternoon	Evening
Day One		5.30pm to 6.30pm Welcome & Registration Time to settle into your accommodation and explore the natural surroundings of this magnificent retreat venue.	7pm – Dinner Let's get acquainted over dinner 9pm – Meditation
Day Two	8.30am – Breakfast 9.30am - Let the magic begin Opening Ceremony with Maria's soothing soul voice and drum to create the ambience and intention for the retreat Your Head or Your Heart An interactive workshop to gain clarity, and learn practices to discern between your head and heart. Higher Mind Activation 11am – Morning Tea 11.30am – Inspirational Writing Let's have fun with writing and connecting to our higher wisdom and insight Time to write, reflect and gain clarity	1pm – LUNCH & Free Time (2hrs) 3pm – Sacred Practices Sacred practises to keep you clear and grounded. 4.30pm – Chakra Sounds, Chanting, and Expression of Soul Voice	7pm – Dinner 9pm - Closing our circle for the day with sharing, chanting and gratitude
Day Three	8.30am – Breakfast & Pack	12 midday - Questions & Answers – where to now?	

	<p>10am - (2hrs) Expression through art An insightful and interactive workshop</p>	<p>Closing Ceremony 1pm - LUNCH 2pm – Retreat Finished Leave this retreat relaxed and inspired with strategies to support the next chapter in your journey.</p>	
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